Heart Disease Prediction

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Background Introduction

Importance of Heart Disease Prediction

- Leading causes of death workdwide
- Early detection&intervention are critical **Challenges in Traditional Prediction**
- Rely on expertise of medical professionals (time-consuming, expensive)
- Quality and quantity of data gathered **Purpose of ML project**
- Early detection
- Cost efficiency
 - **Targeted** interventions



Dataset Introduction

| HeartDisease | BMI | Smoking | Alcoho | lDrin | nking S | Stroke P | hysicalHea | lth | \ |
|---------------|--------|----------|--------|-------|---------|----------|------------|------|-----|
| 0 No | 16.60 | Yes | | | No | No | | 3 | |
| 1 No | 20.34 | No | | | No | Yes | | 0 | |
| 2 No | 26.58 | Yes | | | No | No | | 20 | |
| 3 No | 24.21 | No | | | No | No | | 0 | |
| 4 No | 23.71 | No | | | No | No | | 28 | |
| MentalHealth | DiffW; | alkina | Sex | Age | ategor | rv Race | Diabetic | \ | |
| 0 30 | DIIIM | No | Female | ngev | 55-5 | 9 White | Yes | ` | |
| 1 0 | | No | Female | 80 0 | or olde | r White | No | | |
| 2 30 | | No | Male | 00 (| 65-6 | 9 White | Yes | | |
| 3 0 | | No | Female | | 75-7 | 9 White | No | | |
| 4 0 | | Yes | Female | | 40-4 | 4 White | No No | | |
| | | 100 | | | | | | | |
| PhysicalActiv | ity Ge | enHealth | Sleep | Time | Asthma | KidneyD | isease Ski | nCan | cer |
| 0 | Yes Ve | ery good | | 5 | Yes | 5 | No | | Yes |
| 1 | Yes Ve | ery good | | 7 | No |) | No | | No |
| 2 | Yes | Fair | | 8 | Yes | 5 | No | | No |
| 3 | No | Good | | 6 | No |) | No | | Yes |
| 4 | Yes Ve | ery good | | 8 | No |) | No | | No |

Target variable HeartDisease: binary categorical variable for whether a person has heart disease

17 features

Variables related to physical health **BMI:** Reflecting the degree of obesity **PhysicalHealth:** Number of days with physical health in the past 30 days **MentalHealth:** Number of days with mental health in the past 30 days **SleepTime:** Average sleep time per night (hours)

Smoking

DiffWalking

Variables related to lifestyle habits (all are binary variable)

AlcoholDrinking PhysicalActivity

Functional limitation related variables

Whether there is difficulty walking (binary)

variable: Yes/No).

17 features

Variables related to disease history

(binary variable) Stroke Diabetic (Borderline means blood sugar is close to the borderline of diabetes.) Asthma **KidneyDisease**

SkinCancer

Sex **AgeCategory:** Race: **GenHealth:**

Demographic variables

"18-24", "25-29", "30-34", "35-39", "40-44", "45-49", "50-54", "55-59", "60-64", "65-69", "70-74", "75-79", "80 or older"

White, Hispanic, Black, Other, Asian, American Indian/Alaskan Native

Evaluation of general health status (5level classification: Excellent, Very good, Good, Fair, Poor).

Data Processing

1. Binary Coding

- 'Yes', 'No' to 1 and 0
- 'Female', 'Male' to 1 and 0
- 'AgeCategory' to integers
 (e.g. 50-54 to 50, 55-59 to 55)

2. Random Sampling

- Original: 319769 patients
- Sampled 2% of the dataset
- make analysis faster and manageable
- ensures fairness and avoids bias

| | HeartDisease | BMI | Smokin | g A | lcoholDrinking | g Strol | ke P | hysicalHealt | h١ |
|---------|----------------|---------|---------|-----|----------------|---------|------|--------------|----|
| 126167 | 0 | 23.44 | | 0 | (| 0 | 0 | 10. | 0 |
| 207506 | 0 | 32.49 | | 0 | (| 0 | 0 | 0. | 0 |
| 274544 | 0 | 21.93 | | 0 | (| 0 | 0 | 0. | 0 |
| 121049 | 0 | 26.58 | | 0 | (| 0 | 0 | 0. | 0 |
| 260961 | 0 | 19.02 | | 1 | (| 0 | 0 | 2. | 0 |
| | | | | | | | | | |
| | MentalHealth | DiffWa | lking | Sex | AgeCategory | Diabet: | ic \ | | |
| 126167 | 20.0 | | 1 | 1 | 80 | | 0 | | |
| 207506 | 4.0 | | 0 | 0 | 40 | | 0 | | |
| 274544 | 0.0 | | 0 | 0 | 60 | | 0 | | |
| 121049 | 2.0 | | 0 | 0 | 45 | | 0 | | - |
| 260961 | 2.0 | | 0 | 1 | 80 | | 0 | | |
| | | | | | | | | | |
| | PhysicalActiv | ity Sl | eepTime | As | thma KidneyD: | isease | Skin | Cancer | |
| 126167 | - | 0 | 6.0 | | 0 | 0 | | 0 | |
| 207506 | | 1 | 8.0 | | 0 | 0 | | 0 | |
| 274544 | | 1 | 7.0 | | 0 | 0 | | 0 | |
| 121049 | | 1 | 7.0 | | 0 | 0 | | 0 | |
| 260961 | | 1 | 6.0 | | 0 | 0 | | 0 | |
| (array(| [0, 1]), arrav | ([5838, | 558]) |) | - | | | - | |
| | | | | | | | | | |

Preparing Data for Analysis 1. Balancing data (RandomOverSampler)

 Made sure patients with and without heart disease are fairly represented using oversampling

2. Scaling (MinMaxScaler)

- Convert different scales to a fixed range of [0,1]
- Make them contribute equally to the model

3. Splitting Data (train_test_split)

• Divided into training (80%) and testing (20%) sets to ensure accurate predictions



Models Comparison

SVM LogisticRegression DecisionTree KNN



Hyperparameters Tuning

Find the best hyperparameters for each model using *GridSearchCV*

Oversampled Training Data

Model Selection

Find the best model based on performance

Testing Data

Evaluating Metrics

F1 Score:

$$F_1 = rac{2}{ ext{recall}^{-1} + ext{precision}^{-1}} = 2rac{ ext{prec}}{ ext{prec}}$$

Hyperparameters Tuning

F1 only

Heart Disease versus No Heart Disease



$rac{1}{2 ext{cision} \cdot ext{recall}} = rac{2 ext{TP}}{2 ext{TP} + ext{FP} + ext{FN}}.$

Model Selection

F1 Precision Recall Accuracy AUC

Logistic SVM Tree



1.0





Feature Evaluation

Feature importance with age



Feature importance without age

Feature Importance (Permutation Importance)

| 0.00 | 0.01 Import | 0.02 ance | 0.03 | 0.04 |
|------|----------------|--------------|------|------|

