Improving Efficiency of Inferences in Randomized Clinical Trials Using Auxiliary Covariates

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Introduction

Primary objective of a randomized clinical trial: *Compare treatments* with respect to some *outcome* of interest, for example

- *Continuous response*: compare on the basis of *treatment means*
- *Binary response*: compare on the basis of *odds ratio*
- *Time to event*: compare on the basis of *treatment-specific hazard ratio*

In addition to outcome and treatment assignment: *Baseline auxiliary covariates*

- *Demographic*, *physiologic* characteristics
- Prior *treatment* and *medical history*
- *Baseline* measure(s) of the outcome



Reasons for Covariate Adjustment

Ordinarily: Inferences on treatment comparisons based *only on data on outcome and treatment assignment*

"Covariate adjustment:" with auxiliary baseline covariates has been advocated

- to account for chance imbalances in baseline covariates
- to gain efficiency
- *Extensive literature*: Senn (1989), Hauck et al. (1998), Koch et al. (1998), Tangen and Koch (1999), Pocock et al. (2002), ...
- *Extensive concerns*: Potential *bias* due to post hoc (*subjective*) selection of covariates to use, and...
- ... temptation to engage in a "*fishing expedition*" for the *most dramatic* effect
- *Trialists* and *regulatory authorities* reluctant to endorse

Covariate Adjustment

Standard approach to adjustment: *Direct regression modeling*

- Model outcome as a function of treatment assignment and covariates
- → Inextricable link between parameters involved in treatment comparisons and the "adjustment"

Our objective: A *general methodology* for using auxiliary covariates that leads to *more efficient* estimators

- Based on the *theory of semiparametrics* (e.g., Tsiatis, 2006)
- Separates parameters involved in treatment comparisons from the "adjustment"...
- ...and hence leads to a *principled approach* to implementation that can obviate the usual concerns

Notation

- Data: $(Y_i, Z_i, X_i), i = 1, ..., n$, (iid) where for patient i
- Y_i response variable (discrete, continuous, longitudinal, censored)
- Z_i denotes treatment assignment (For simplicity we will consider only two treatments, but methods generalize easily to more than two treatments)
- Z_i (1=treatment, 0=control), $P(Z_i = 1) = \pi$
- X_i denotes other baseline covariates measured prior to randomization
- $X \perp \!\!\!\perp Z$

Unconditional Inference

Example 1: continuous response Y

$$E(Y \mid Z) = \alpha + \beta Z$$

• Here the parameter of interest is $\beta = E(Y|Z = 1) - E(Y|Z = 0) = difference in treatment means$

Example 2: binary response (Y = 0, 1)

$$\mathsf{logit}\{E(Y \,|\, Z\} = \mathsf{logit}\{P(Y = 1 | Z)\} = \alpha + \beta Z$$

• Here the parameter of interest is $\beta = Log-odds \ ratio$ for treatments 1 and 0

Unconditional Inference

Example 3: *Time to event (censored data)*

- Here the data are represented as $(U_i, \Delta_i, Z_i, X_i), i = 1, \dots, n$
 - U_i is time to failure or censoring $= \min(T_i, C_i)$
 - Δ_i is failure indicator $=I(T_i \leq C_i)$
 - As before Z_i is treatment indicator and X_i denotes baseline covariates
- Proportional hazards model

$$\lambda(t|Z) = \lambda_0(t) \exp(\beta Z),$$

where $\lambda(t|Z)$ denotes the conditional hazard rate of failing at time t given treatment Z

• The parameter of interest is $\beta = Log$ -hazard ratio for treatments 1 and 0

Conditional versus unconditional inference

Focus of inference: Comparisons based on β are *unconditional*

• Treatment effect averaged across the population

• E.g.,
$$\beta = E(Y|Z=1) - E(Y|Z=0)$$
 in Example 1

Alternative: Comparison *conditional* on subset of the population with X = x; e.g., in Example 1

$$\beta_x = E(Y|X = x, Z = 1) - E(Y|X = x, Z = 0)$$

- ANCOVA model $E(Y|X,Z) = \alpha_0 + \alpha_1^T X + \phi Z$
- $\phi = \beta_x = \beta$ if ANCOVA model *correct*
- OLS estimator for ϕ is consistent for β regardless
- ANCOVA is used for *covariate adjustment* (*direct regression modeling*)
- Conditional vs. unconditional not a big deal

Conditional versus unconditional inference

Conditional vs. unconditional is a big deal: E.g., *binary outcome*

• Unconditional model

$$\mathsf{logit}\{E(Y|Z) = \alpha + \beta Z$$

• Conditional (on X) model

$$\mathsf{logit}\{E(Y|X,Z)\} = \alpha_0 + \alpha_1^T X + \phi Z$$

Similarly: time to event outcome

• Unconditional model

$$\lambda(t|Z) = \lambda_0(t) \exp(\beta Z)$$

• Conditional (on X) model

$$\lambda(t|X,Z) = \lambda_0(t) \exp(\alpha^T X + \phi Z)$$

• $\phi \neq \beta \Rightarrow$ different focus

Conditional versus unconditional inference

Debate: Which is more *clinically relevant*?

- Most trials: *unconditional primary analysis*
- \Rightarrow We focus on *unconditional* inference

Semiparametric model

Model for the data (Y_i, Z_i) only: Class of all probability densities

 $p_{Y,Z}(y,z;\theta,\eta,\pi) = p_{Y|Z}(y|z;\theta,\eta) p_Z(z;\pi), \quad \theta = (\beta,\alpha)$

- π is known, so $p_Z(z;\pi)$ is completely specified
- $p_{Y|Z}(y|z;\theta,\eta)$ is a density *consistent with* the situation of interest
- E.g., a *fully parametric* model (e.g., logistic)
- E.g., a *nonparametric* model (treatment means) or *semiparametric* model (proportional hazards)

4. Semiparametric model

Model for all data (Y_i, X_i, Z_i) : Class of all probability densities

 $p_{Y,X,Z}(y,x,z;\theta,\eta,\psi,\pi) = p_{Y,X|Z}(y,x|z;\theta,\eta,\psi)p_Z(z;\pi),$

- π is known, so $p_Z(z;\pi)$ is completely specified
- $Z \perp \!\!\!\perp X$ by randomization
- $p_{Y,X|Z}(y, x \mid z; \theta, \eta, \psi)$ is consistent with $p_{Y|Z}(y \mid z; \theta, \eta)$

Goal: Consistent and asymptotically normal estimators for β under this semiparametric model for (Y, X, Z)

- Inclusion of $X \Rightarrow covariate adjustment$
- Find the *most precise* such estimator

Approach: Use *semiparametric theory* to find all *unbiased estimating functions* for θ (and hence β) under the *semiparametric model*

Semiparametric theory

Approach: Derive *estimators* by characterizing the class of all *estimating functions* for θ (and hence β) leading to estimators for θ that are *consistent and asymptotically normal* under the semiparametric model

- *Estimating function*: Function of a single observation and parameters that can be used to construct *estimating equations* leading to *estimators* for the parameters
- \Rightarrow We seek *unbiased estimating functions for* θ depending on (Y, Z, X) (lead to *consistent and asymptotically normal estimators*)

Estimating functions without auxiliary covariates

Start by considering unbiased estimating functions depending on (Y, Z) only:

$$m(Y, Z; \theta) \Rightarrow \text{Solve } \sum_{i=1}^{n} m(Y_i, Z_i; \theta) = 0$$

• Example 1: $E(Y | Z) = \alpha + \beta Z$

$$m(Y, Z; \theta) = (1, Z)^T (Y - \alpha - \beta Z)$$

yields OLS estimator for $\beta \Rightarrow \hat{\beta}_{OLS} = difference$ in sample means

• Example 2: $logit{E(Y | Z)} = \alpha + \beta Z$

 $m(Y, Z, ; \theta) = (1, Z)^T \{ Y - \mathsf{expit}(\alpha + \beta Z) \}$

yields logistic regression MLE, also log-odds ratio of sample proportions

Estimating functions without auxiliary covariates

For the *Proportional hazards model* of Example 3, the parameter β is estimated by maximizing the partial likelihood or solving the estimating equation

$$\sum_{i=1}^{n} \int \{Z_i - \bar{Z}(u,\beta)\} dN_i(u) = 0,$$

where $N_i(u) = I(U_i \le u, \Delta_i = 1)$ and

$$\bar{Z}(u,\beta)\} = \frac{\sum Z_i \exp(\beta Z_i) I(U_i \ge u)}{\sum \exp(\beta Z_i) I(U_i \ge u)}$$

Estimating functions using auxiliary covariates

Main result: For a given *semiparametric model* members of the *class of* all unbiased estimating functions for θ using all of (Y, Z, X) may be written

$$m^*(Y, Z, X; \theta) = m(Y, Z; \theta) - \{Z - \pi\}a(X)$$

- $m(Y, Z; \theta)$ is a *fixed* unbiased estimating function for θ without auxiliary covariates
- a(X) is an arbitrary function of X
- $a(X) \equiv 0 \Rightarrow$ "unadjusted estimator" $\widehat{\theta} = (\widehat{\beta}, \widehat{\alpha})$
- "Augmentation term" effects the "adjustment"

Estimating functions using auxiliary covariates

$$m^*(Y, Z, X; \theta) = m(Y, Z; \theta) - (Z - \pi)a(X)$$

• By $Z \perp \!\!\!\perp X$, augmentation term has mean zero \Rightarrow unbiased

Adjusted estimator for θ : Solve

$$\sum_{i=1}^{n} m^*(Y_i, Z_i, X_i; \theta) = 0$$

• Judicious choice of $a(X) \Rightarrow$ improved efficiency over the "unadjusted" estimator $\widehat{\theta}$

Estimating functions using auxiliary covariates

Optimal estimating function in the class: Elements of the estimator have *smallest asymptotic variance*

- Take $a(X) = E\{m(Y, Z; \theta) \mid X, Z = 1\} E\{m(Y, Z; \theta) \mid X, Z = 0\}$
- Optimal estimating equation

$$\sum_{i=1}^n \left(m(Y_i, Z_i; \theta) - \right)$$

$$(Z_i - \pi) \left[E\{m(Y, Z; \theta) \mid X_i, Z = 1\} - E\{m(Y, Z; \theta) \mid X_i, Z = 0\} \right] \right) = 0$$

• $E\{m(Y,Z;\theta) \mid X, Z = g\}, g = 0, 1 \text{ are unknown functions of } X \Rightarrow$ model them...

Approach: Adaptive algorithm

(1) Solve
$$\sum_{i=1}^{n} m(Y_i, Z_i; \theta) = 0 \Rightarrow \widehat{\theta}$$

(2) For each group g = 0, 1 separately, using the "data" $m(Y_i, Z_i; \hat{\theta})$ for $Z_i = g$, develop a regression model

$$E\{m(Y,g;\widehat{\theta}) \mid X, Z = g\} = q_g(X,\zeta_g),$$
$$q_g(X,\zeta_g) = \{1, c_g^T(X)\}^T \zeta_g,$$

and obtain $\widehat{\zeta}_g$ by OLS separately

(3) For each i = 1..., n, form *predicted values* $q_g(X_i, \hat{\zeta}_g)$ for each g = 0, 1 and solve in θ with $\hat{\pi} = n^{-1} \sum_{i=1}^n Z_i$

$$\sum_{i=1}^{n} \left[m(Y_i, Z_i; \boldsymbol{\theta}) - (Z_i - \widehat{\pi}) \{ q_1(X_i, \widehat{\zeta}_1) - q_0(X_i, \widehat{\zeta}_0) \} \right] = 0 \implies \text{``adjusted''} \ \widetilde{\theta}$$

Properties: From *semiparametric theory*

- With the regression models q_g as above, $\tilde{\theta}$ is guaranteed relatively more efficient than $\hat{\theta}$, even if q_g incorrect
- $\tilde{\theta}$ is consistent and asymptotically normal regardless of q_g
- If the q_g models are exactly correct ⇒ θ̃ is asymptotically equivalent to the optimal estimator if we knew E{m(Y, Z; θ) | X, Z = g}

Standard errors: For $\widetilde{\theta}$ and hence $\widetilde{\beta}$

- $\tilde{\theta}$ is an *M*-estimator
- \Rightarrow Sandwich method for asymptotic variance for $\widetilde{\beta}$

By-product:

- The "adjustment" for X is determined separately by treatment group...
- ... and regression modeling is carried out independently of $\widetilde{\beta}$
- \Rightarrow Can develop models *without concerns* over *subjectivity*

"Principled" strategy:

- Regression modeling for each g = 0,1 based on data for i ∈ g only may be carried out by separate analysts for each g...
- ... *different from* those who calculate $\tilde{\theta}$ (and hence $\tilde{\beta}$)
- → A sponsor could retain *different CROs* to build the models for each treatment

Special case: *Example 1* (*continuous response Y*)

• All estimators for β are *asymptotically equivalent* to

$$\overline{Y}_1 - \overline{Y}_0 - \sum_{i=1}^n (Z_i - \widehat{\pi}) \left\{ n_1^{-1} a_1(X_i) + n_0^{-1} a_0(X_i) \right\},\,$$

where \overline{Y}_g denotes treatment-specific sample average for treatment g=(0,1)

- In this class: ANCOVA, ANCOVA with treatment-covariate interaction, Koch et al. (1998)'s "nonparametric" estimator,...
- Optimal estimator takes

$$a_g(X) = E(Y|X, Z = g), \quad g = 0, 1$$

See Tsiatis et al. (2008)

Simulations

Censored survival data: Proportional hazards model

 $\lambda(t|Z) = \lambda_0(t) \exp(\beta Z)$

In order to generate data where

- the distribution of T given Z follows a proportional hazards model
- T and X are correlated
- X and Z are independent
- 1. We generate bivariate data $(V\!,X)$ from a bivariate normal density with mean zero, variance 1 , and correlation ρ
- 2. Independently generate treatment indicator Z as a Bernoulli (π)
- 3. Let $T = -\exp(-\beta Z)\log\{1 \Phi(V)\}\)$, where $\Phi(\cdot)$ is the cumulative distribution function (CDF) of a standard normal
- 4. Censoring was generated as an independent exponential distribution $C \sim Exp(c)$.

Simulations

- Treatment was assigned with $\pi=.5$
- the correlation of V and X was $\rho=.7$ which resulted in roughly a correlation of 0.6 between T and X
- We took $\beta = 0$ (null hypothesis) and $\beta = .25$
- The value c for the exponential distribution of the censoring variable that would result in roughly 25% of the data being censored
- Sample sizes of 250 and 600 were considered

Simulations

"Estimators considered:"

• $\hat{\beta}_{PH}$: Unadjusted estimator using MPLE from unconditional model

$$\lambda(t|Z) = \lambda_0(t) \exp(\beta Z)$$

- $\hat{\beta}_{AUG}$: Augmentation term used $q_g(X, \zeta_g) = \{1, X, X^2\}^T \zeta_g$, fit by OLS
- $\hat{\beta}_{REG}$: We also considered the estimator $\hat{\phi}$ obtained by considering the Cox regression model

$$\lambda(t|X,Z) = \lambda_0(t) \exp(\alpha_1 X + \alpha_2 X^2 + \phi Z)$$

Note: This is not the true conditional model

Simulations $\beta = 0$

	n	$\widehat{eta}_{ m PH}$	$\widehat{eta}_{ m AUG}$	$\hat{eta}_{ ext{REG}}$
	250	0.002	-0.004	-0.003
Bias	600	0.001	-0.002	-0.001
	250	0.148	0.117 <mark>(1.60)</mark>	0.150 <mark>(NA)</mark>
SE	600	0.095	0.075 <mark>(1.59)</mark>	0.095 <mark>(NA)</mark>
	250	0.146	0.120 <mark>(1.48)</mark>	0.170 <mark>(0.74)</mark>
MCSE	600	0.095	0.076 <mark>(1.56)</mark>	0.107 <mark>(0.79)</mark>

Simulations $\beta = .25$

	n	$\widehat{eta}_{ m PH}$	$\widehat{eta}_{ m AUG}$	$\hat{eta}_{ ext{REG}}$
	250	0.004	-0.002	0.092
Bias	600	-0.008	-0.008	0.091
	250	0.149	0.118 <mark>(1.60)</mark>	0.152 <mark>(NA)</mark>
SE	600	0.095	0.076 <mark>(1.58)</mark>	0.097 <mark>(NA)</mark>
	250	0.147	0.121 <mark>(1.47)</mark>	0.171 <mark>(0.74)</mark>
MCSE	600	0.096	0.077 <mark>(1.55)</mark>	0.107 (0.80)

Discussion

- General approach to using *baseline auxiliary covariates* to *improve efficiency* of *estimators* and theory can also be applied to *tests*
- General measures of *treatment effect*
- Arises naturally via *semiparametric theory*
- Even when regression adjustment leads to improved estimators of unconditional treatment effect (i.e., linear models) there is a tension between gains in efficiency and compromised analysis
- Incorporation of covariate information *separated from* evaluation of treatment effects
- Impact of model selection
- Can be extended to *k-arm trials* and *missing data*

References

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